

Child Health and Maternity Suggestions

1. Maternity - Antenatal Care and maternity services

ARC affiliation	Title	Description
Oxford and Thames Valley	Remote antenatal care for women with and without hypertension	Self-monitoring in the antenatal period - specifically self-monitoring of blood pressure
North West Coast	Probiotics as part of a Necrotizing Enterocolitis Care bundle in high-risk preterm babies	Use of enteral probiotics as part of a NEC Care bundle to reduce mortality, morbidity and reduction in length of stay on Neonatal Units associated with Necrotizing Enterocolitis (NEC) in high-risk Preterm babies
South London	Continuity of Care for BAME pregnant women and those in deprived areas	Implementation and scale up of Continuity of Care (CoC) for BAME pregnant women and women living in disadvantaged areas across the country. Continuity of the midwife looking after women in maternity services.
West	PERIPrem	Implementation of a bundle of 10 evidence-based elements including the PreCept magnesium sulphate intervention to prevent neuro-disability in preterm infants

2. Child Health - Mental health and public health

ARC affiliation	Title	Description
Yorkshire and Humber	School/early years tooth brushing programme (3-5yr olds)	Implementation of a national programme particularly targeting areas of deprivation. (Focus on a subset of 3-5 local authorities to explore in best practice to share nationally)
South London	The Daily Mile	Whole school, teacher-led intervention, which involves every child running/jogging for 15 minutes at least three times a week.
West	SLEEPIO	Online sleep intervention for young people with mental health problems using CBTi

3. Child Health - Childhood disability and vulnerable populations

ARC affiliation	Title	Description
Yorkshire and Humber	Hospital Communications	A training package to help hospital staff to improve communication with disabled children and their families.
North East and North Cumbria	Transition of young people with long-term conditions from children to adults' services	An intervention consisting of key components that would improve transitional care for young people with long-term conditions (such as diabetes, cerebral palsy, or autism) from children to adult services
West	Trauma-focused CBT (TF-CBT)	To support the mental health of young people in care by improving current practice

4. Maternity - Childbirth and maternal mental health

ARC affiliation	Title	Description
North West Coast	New Global WHO Labour Care Guide intervention	Positive childbirth experience because of the longer-term impact on effective mothering, parenting, and parental, family, and child wellbeing, for all mothers and babies, and especially those who are most marginalised.
West Midlands	Birmingham Symptom Specific Obstetric Triage System (BSOTS)	An assessment and clinical prioritisation of the common conditions that women present with in maternity triage. Then a standardised way of determining the clinical urgency in which they need to be seen.
South London	Independent Domestic Violence Advisors (IDVAs) in maternity settings	The aim of IDVAs is to secure the safety of those at risk of harm from intimate partners, ex-partners or family members. They work with those affected to assess risk, develop safety plans, reduce abuse and ultimately improve health and wellbeing in women and children.
South London	Multidisciplinary teams in maternal mental health services	Evaluation of the Implementation and scale-up of Maternal Mental Health Services (multidisciplinary team). Which aims to provide specialist community-based assessment and intervention for women with mental ill health in maternity, neonatal and perinatal contexts who would not be seen in secondary mental health care and where there are gaps in current provision by specialist perinatal mental health teams