Designing a Toolkit for Implementing Patient-initiated Clinics for Long-Term Conditions in Secondary Care

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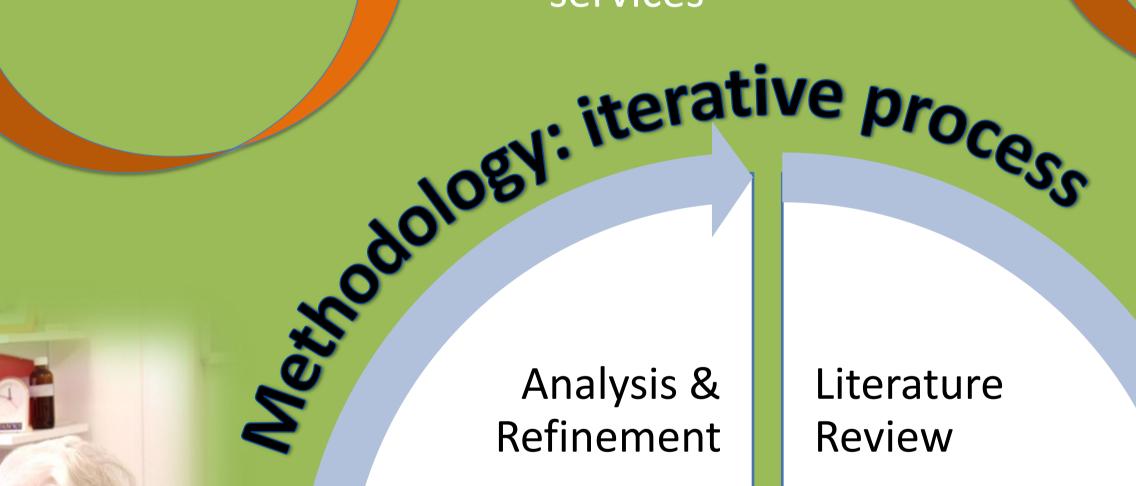
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Avaditional Follow-u

- Consultant decides when to see patient next
- Appointment often when patient relatively well
- When unwell, difficult to get a timely appointment

- Follow up backlog
- Patients often waiting > 2 years
- Patients at risk
- Mismatch between clinical need & access to services

- Patient information
- Contact Advice Line
- Triaged & seen within 14 days if needed
- Safety net
- Evidence-based





- Data analysis (quantitative & qualitative)

Literature Review

- RCTs
- Systematic Reviews
- Implementation Frameworks

Data Collection

 Observation Interviews and Focus Group

with managers, clinical staff

&patients • Baseline data

Development & Testing

- Rheumatology
- Nephrology
- Gastroenterology

- Identify suitable conditions & disease criteria
- Map major decision points
- Ready-made templates for each step
- Room for context-demanded flexibility
 - Easily adaptable to any department and any hospital
- Suggestions for monitoring success





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