# Collaborating with young people through a research advisory group

# Hayley Reed Involving Young People Research Officer























### Introduction

DECIPHer (the Centre for the Development and Evaluation of Complex Interventions for Public Health Improvement) is a UKCRC Public Health Research Centre of Excellence and a collaboration between Bristol, Cardiff and Swansea Universities.

PHIRN (Public Health Improvement Research Network) is a registered research group that aims to increase the quantity and quality of public health improvement research that is relevant to policy and practice.

'Transdisciplinary Action Research (Stokols, 2006) is an approach where multiple academic disciplines work with policy makers, practitioners and the public to coproduce evidence through a cyclical partnership

- Researchers Scientific Knowledge
- Policy Makers Policy/Government knowledge and knowledge translation
- Community (Young People) Knowledge in context about young people's lives.



#### Infrastructure funding for collaboration with the public:

- Young people's research advisory group (ALPHA Advice Leading to Public Health Advancement)
- Involving Young People Research Officer

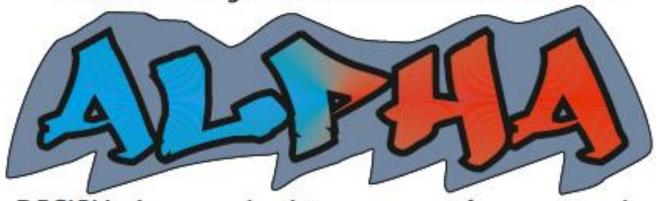
ALPHA do not work on one single project instead they work at bid development and then decide which 'pockets' of the research project they work on' – (Pockets of Participation, Franks 2011).

#### Since April 2012 the group have been involved in:

- Nine research projects (four on more than one occasion)
- One international conference to represent Welsh young people on the HBSC (Health Behaviours in School-Aged Children's survey), with Welsh Government funding.
- Planning and running another conference with the AYPH (Association of Young People's Health)

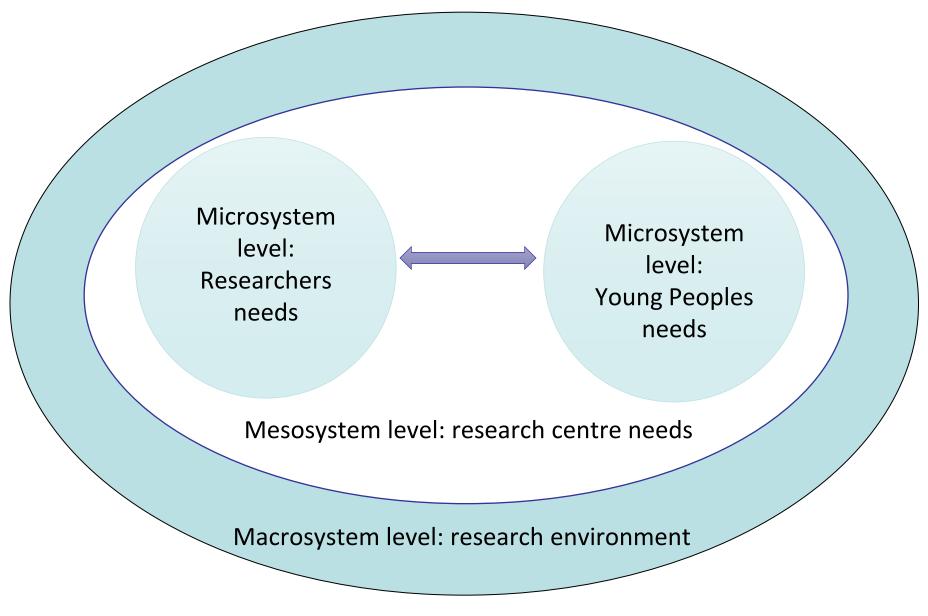


# Advice Leading to Public Health Advancement



DECIPHer's research advisory group of young people





Framing the public collaboration, using Bronfenbrennaur's (1992) ecological systems theory to understand the influences and needs at many levels

Microsystem level: Researchers needs Attitude and perception of young people Increased time for research Money for indirect costs

Training
Guidance
Case Studies and opportunities to share public involvement practice
Support from researcher that works with the young people

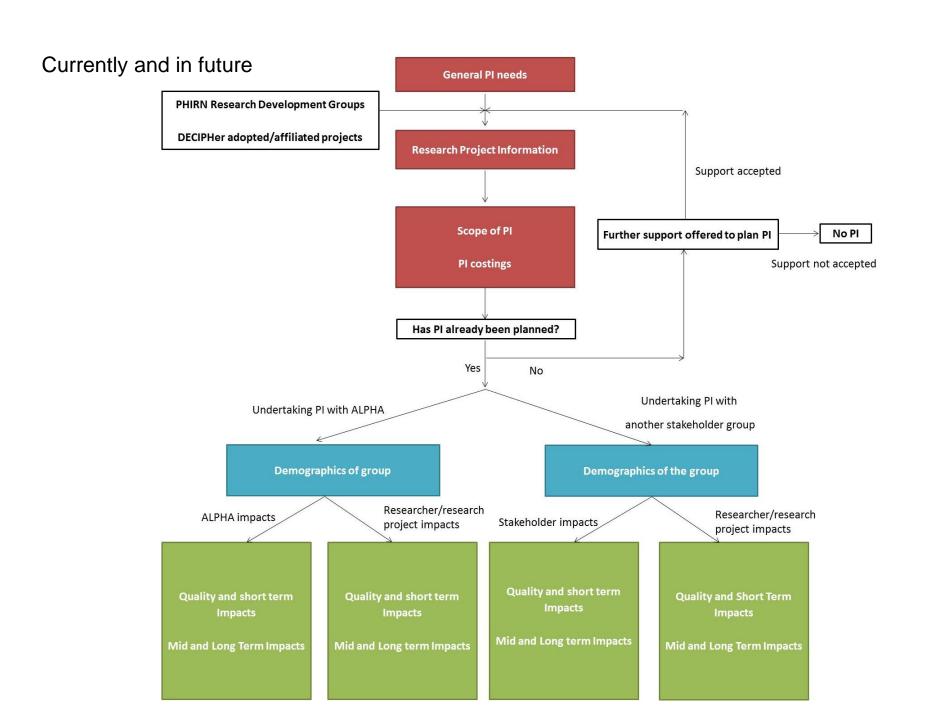
Microsystem level:
Young Peoples needs
Time
Support from worker
Flexibility and respect
Costs – Expenses etc.
Group cohesion and peer support
Training – Research knowledge and group skills
Feedback

Mesosystem level: research centre needs
Architecture of involvement including a dedicated facilitator
Collaborative readiness
Clear objectives and intended outcomes
Realistic expectations
Time to build a common ground
Communication
Centre policies and principles for public involvement
Centre ethos

Macrosystem level research environment:

Research Policies and guidance

Research funders – Infrastructure funding for young people's advisory group



	Dimensions data to be collected on	From whom	How
Researchers PI Knowledge	General PI needs  Researchers Understandings of PI; Barriers and Facilitators of PI;  Researcher PI Experience; PI support and training needs	Researchers	PI seminars and questionnaires May 2012. On-going noted by IYPRO and Principal Investigator
Young People's Knowledge	General PI needs  Training and support; groups established so no barriers to involvement	ALPHA	Training on public health and research. On-going training noted as needed.
Planning PI in individual projects	<ol> <li>Research project information</li> <li>Type of activity; Stage of activity; What researcher/s and which institution/s;; The research e.g. public health area</li> </ol>	Researcher	From PHIRN/DECIPHer adoption forms
	3. Planned Scope of PI The Purpose of PI; Stage of research to undertake PI; Degree of PI	Researcher	Form 1a (Request questionnaire)
	4. PI costings What activity is funded e.g. using costs put together	Researcher	Form 1a (Request questionnaire)
Undertaking PI in individual projects	5. Demographic Data Numbers involved; Age; Gender	ALPHA	During the public involvement process
	6. Quality The Seven National Participation Standards	ALPHA	Questionnaire or exercise run by IYPRO or researcher
	6. Quality Reflections on the support of the IYPRO; Reflections on the PI process	Researcher	Form 1b (reflection questionnaire)
Outcomes of PI	7. Short Term Impacts On the research and researcher; Beyond the individual project	Researcher	Form 1b (reflection questionnaire)
	7. Short Term Impacts  To the involved	ALPHA	Evaluation exercise after PI activity
	8. Mid and Long Term Impacts On the research and researcher; Beyond the individual project	Researcher	Resend form 1b (reflection questionnaire)
	8. Mid and Long Term Impacts To the involved	ALPHA	Interviewing ALPHA after 18 months.

# **Any Questions?**

#### **Contact**

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