## NIHR CLAHRC South West Peninsula

# Patient and Public Involvement in Research

#### **NHS** National Institute for Health Research

### What is the Patient and Public Involvement (PPI) Team?



The PPI team supports research projects undertaken by PenCLAHRC, by facilitating the involvement of patients and members of the public in all of PenCLAHRC's activities.

Patients and members of the public provide a different perspective that can help to ground discussions in practical experience. By involving the public in health and social care research, we give those who are intended to benefit from research a say in shaping the agenda – keeping PenCLAHRC's research projects relevant to patient needs.

The PPI team aims to:

- Increase the volume and quality of patient-focused research in the South West.
- Improve health in the region by more effective use of research evidence to drive health services.
- Work with communities and organisations to increase people's understanding of health research and how they can influence it.

#### What does the PPI team do?

The PPI team aims to embed meaningful patient and public involvement in all PenCLAHRC activities. To do this they:

- Conduct research on how best to involve members of the public in health policy, research and practice
- Help members of the public to develop research questions and work with them to prioritise new research for PenCLAHRC to work on
- Work to create materials for workshops, develop new tools and devise frameworks for the future of public-patient involvement in health research
- Support researchers to understand how to involve the public when conducting their own research
- Teach students in the medical school, and support graduate students in their research

#### How do we work with patients and the public?

The Peninsula Patient Involvement Group (PenPIG) is made up of members of the public, service users and carers. They work alongside the PPI team to help maximise the benefits of health research and advise PenCLAHRC on all aspects of user involvement.

#### Contact us:

To find out more about the PPI team, get involved in research, attend workshops, or join PenPIG:

Visit our website: clahrc-peninsula.nihr.ac.uk/patient-and-public-involvement-in-research

Email us: PIExeter@exeter.ac.uk Follow us: @PenCLAHRC\_PPI

# Nigel, a member of PenCLAHRC's user involvement group PenPIG:

"PenCLAHRC is enabling members of the public who have no 'specialist' knowledge to make significant contributions to important areas of medical research. It does this by providing training, encouragement and support through PenPIG, its user involvement group."

